We bring the chef to you

HEALTHY CHOICE POINTS MENU

BREAKFAST

BANANA BREAD OVERNIGHT OATS

Item #HB01 | 4 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

DINNER

HEARTY CHICKEN STEW AND PARSLEY DUMPLINGS

Item #HD01 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

CHILI RUBBED PORK CHOPS

Item #HD02 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

GRILLED TUNA WITH CUCUMBER NOODLE SALAD

Item #HD03 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

FLANK STEAK WITH TOMATOES AND BASIL

Item #HD04 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

SAUTÉED CHICKEN WITH LEMON CAPER SAUCE

Item #HD05 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

FETTUCCINI WITH SALMON AND ASPARAGUS

Item #HD06 | 4 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

SPAGHETTI AND TURKEY MEATBALLS

Item #HD07 | 7 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

VEGETARIAN LO-MEIN

Item #HD08 | 6 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

BAKED BEEF ZITI

Item #HD09 | 7 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

ROASTED SALMON WITH CHICKPEAS

Item #HD10 | 2 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

BBQ CHICKEN BREAST

Item #HD11 | 2 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

SESAME CHICKEN AND BROCCOLI STIR FRY

Item #HD12 | 3 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

EGGPLANT AND CHICKEN "CASSEROLE"

Item #HD13 | 3 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.

SOUPS

SLOW COOKER CHEESEBURGER SOUP

Item #HS01 | 5 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.



HEALTHY CHOICE POINTS MENU

DESSERT

BLUEBERRY AND MEYER LEMON SORBET WITH THYME

Item #HDS01 | 3 Points | Call or email about our Healthy Choice Points Meal Plans and Pricing.